

CUIMC Asian Pacific Islander ERG Presents: **Situational Awareness Workshop**

CUIMC's Asian Pacific Islander Employee Resource Group will host a Situational Awareness Workshop facilitated by CU's Public Safety Office. Situational Awareness applies to all situations. It is important during these times to be aware of where you are and to what is happening around you.

This workshop is open to all Columbia University faculty and staff

Public Safety Training & Development



Learning Objectives:

- How the Fight-or-Flight response affects your safety
- How situational awareness can keep you safe
- “What are the odds?”-being informed to make good decisions for your personal safety
- Techniques to develop awareness
- Personal safety resources
- Run. Hide. Fight. – a strategy for your personal safety in emergency situations

Monday, May 3rd, 2021

1:00p - 2:00p

Registration is required in advance

<https://events.columbia.edu/go/CUIMCSitAwareness>

Zoom meeting details will be shared closer to event date

All Columbia University staff and faculty are welcome to attend

For more information visit:

<http://www.cumc.columbia.edu/hr/working-at-cumc/staff-diversity-inclusion>