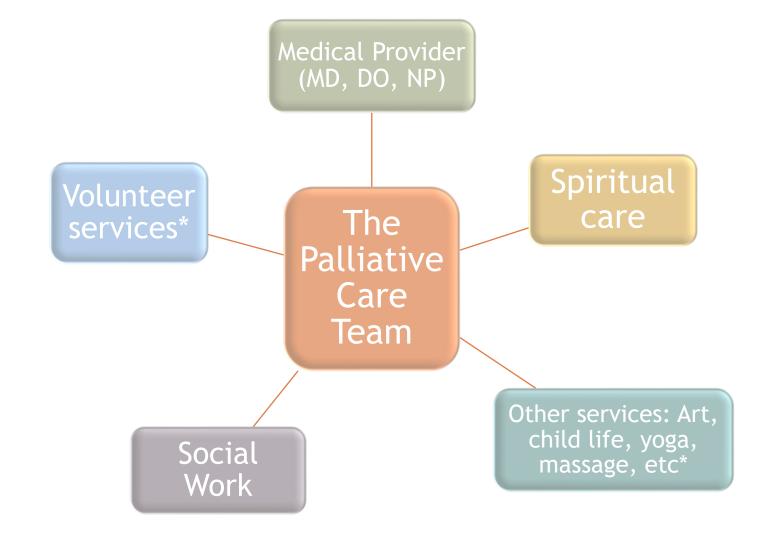
Understanding Palliative Care

Natasha Piracha, MD

Internal Medicine/Pediatrics

Hospice and Palliative Medicine

IDT: Interdisciplinary team





Early Palliative Care

- Multiple studies have shown the benefit of integrated and early palliative care involvement, especially in the context of advanced cancer
 - Improve patients' symptoms, quality of care, coping skills
 - Increased patient and family satisfaction
 - Reduce prolonged grief and PTSD among bereaved family members



FIVE VISHES®

MY WISH FOR:

The Person I Want to Make Care Decisions for Me When I Can't

The Kind of Medical Treatment I Want or Don't Want

How Comfortable I Want to Be

How I Want People to Treat Me

What I Want My Loved Ones to Know

Print Your Name

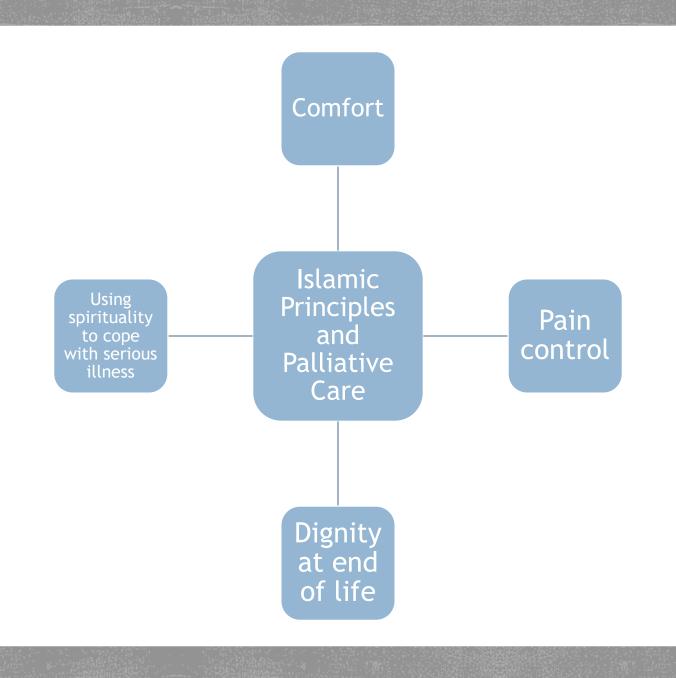
Five Wishes

- https://fivewishes.org/
- https://acpdecisions.org/





Islam and Palliative Care





A bedouin asked the Prophet Muhammad: 'Should we not treat sickness?' He replied: 'Treat sickness, for God has not created any disease except that He has also created its cure, except for one disease.' Those around the Prophet asked, 'O Messenger of God, what is [that one disease]?' He said: 'Aging.' (Tirmidhi)