



LGBTQ+ Affirming Health Care Providers

Primary Care

Alexandra Brown, MD
Silvina Om, MD
Jeremy Blanchard, MD

Pediatrics

Karen Soren, MD
Samuel Master, DO

Obstetrics & Gynecology

Lauren Golfer, NP
Iris Insogna, MD

Mental Health

Melina Wald, PhD
Felix Garcia del Castillo, PhD
Kasey Jackman, PhD, NP
Walter Bockting, PhD, LP
Kareen Matouk, PhD

Speech-Language Pathology

Holly Reckers, SLP
Evan Kennedy, SLP

Gastroenterology

Yoanna Pumpalova, MD

Endocrinology

Hoang-Long Huynh, MD (Adult)
Ilene Fennoy, MD (Pediatric)

Plastic Surgery

Christine Rohde, MD, MPH
Thomas Imahiyerobo, MD
Jeffrey Ascherman, MD

Otolaryngology/Head & Neck Surgery (ENT)

Michael Pitman, MD
Scott Troob, MD

Gynecological Specialty Surgery

Chetna Arora, MD
Arnold Advincula, MD
Jin Hee Kim, MD
Jessica Opoku-Anane, MD



LGBTQ+ Affirming Health Care Info & Links

Primary Care: Services include overall Primary Care services, including annuals, Pap smears, anal Pap smears, birth control, gender-affirming hormone therapy. To make an in-person or Telehealth appointment, call 844-387-2273 or visit

<https://www.columbiadoctors.org/specialties/primary-care>.

Primary Care services can also be rendered at the free student-run Q Clinic at 446 W 36th St. on Wednesdays from 6:30-7:45pm. Text or call (347) 565-5042 to make an appointment at the Q Clinic.

Pediatrics: Services including primary care for pediatric and adolescent patients, such as general care and gender-affirming hormone therapy. To make an appointment, call 855-550-5437 or visit

<https://www.pediatrics.columbia.edu/>.

Ob/Gyn: Lauren Golfer offers gynecological services for LGBTQ+ patients. Dr. Insogna specializes in reproductive endocrinology and infertility care. To make an appointment, call 855-756-2496 or visit

<https://www.obgyn.columbia.edu/>.

For fertility preservation and treatment, such as IUI or IVF, the Columbia University Fertility Center can be reached at 646-756-8282 or

https://cumc.co1.qualtrics.com/jfe/form/SV_1XrYnraQDeBjliZ.

Mental Health: All listed faculty work in the Columbia Gender and Sexuality Program (GSP). For more information, call 212-305-6001 or visit

<https://www.columbiadoctors.org/specialties/psychiatry-psychology/our-services/gender-and-sexuality-program-gsp> to schedule an in-person or telehealth appointment.



LGBTQ+ Affirming Health Care Info & Links

Speech-Language Pathology: Holly Reckers and Evan Kennedy provide speech therapy for dysphonia and gender-affirming voice therapy. To make an appointment, call 212-305-5289.

Gastroenterology: Dr. Pumpalova offers GI care for LGBTQ+ patients, such as anal Pap smears and management. To make an appointment, call 212-305-5098.

Endocrinology: Dr. Huynh provides endocrinological services for adult patients, including gender-affirming hormone therapy and treatment plans. Dr. Fennoy offers endocrinological services for pediatric patients, including gender-affirming hormone therapy and treatment plans. To make an appointment with Dr. Huynh, call 212-305-2663. To make an appointment with Dr. Fennoy, call 212-305-6559.

Plastic Surgery: Dr. Rohde is a plastic surgeon who provides gender-affirming surgeries for patients. Dr. Imahiyerobo performs facial feminization surgery. Dr. Ascherman conducts gender-affirming top surgery. To make an appointment, call 212-305-3103 or visit https://cumc.co1.qualtrics.com/jfe/form/SV_39IfnH3Ae5nXjBr.

ENT: Dr. Pitman performs laryngeal surgery. Dr. Troob offers general access for LGBTQ+ patients seeking ENT care. To make an appointment with Dr. Pitman, call 212-305-5289. To make an appointment with Dr. Troob, call 212-305-8555.

Gynecological Specialty Surgery: All listed providers perform gender-affirming surgeries related to gynecology. To make an appointment, call 855-756-2496.



Medical Center LGBTQ+ Links and Resources

[Columbia University LGBTQ+ Resource Guide](#) (Website)

[Columbia University LGBTQ+ Resource Guide](#) (PDF)

The resource guide is a comprehensive, one-stop living repository of campus resources and set of recommendations on how to be better, more visible LGBTQ+ allies.

[Gender-Affirming Care Services Benefits for Employees](#)

This page discusses the gender-affirming care services available to Columbia University employees and explains eligibility, covered services, and additional resources and support. For additional information on gender-affirming benefits, please contact Kamila Pavezzi, Columbia University Well-being Specialist, by email kp2956@columbia.edu or phone 212-853-8102.

[LGBTQ+ Healthcare Resources at Columbia](#)

This page provides more resources and information on benefit enhancements for LGBTQ+ employees, student health, the Program for the Study of LGBT Health, and more.

[LGBTQ+ Healthcare Resources for Columbia Faculty and Staff](#)

This page outlines enhancements made to the Human Resources benefits offered at Columbia, including family building benefits, adoption assistance, non-binary designation in CUBES for employees and dependents, paid parental leave, and gender-affirming care services.

[NewYork-Presbyterian LGBTQ Services, Programs, and Collaborators](#)

This page details all the LGBTQ+ services and programs provided at NYP and its affiliates.



External Organizations Involved in LGBTQ+ Care

[Anti-Violence Project \(AVP\)](#)

AVP empowers lesbian, gay, bisexual, transgender, queer, and HIV-affected communities and allies to end all forms of violence through organizing and education as well as supports survivors through counseling and advocacy.

[Apicha Community Health Center](#)

Apicha Community Health Center provides high quality equitable, whole person, and culturally responsive care for AAPI, LGBTQ+, and persons living with HIV.

[Callen-Lorde](#)

Callen-Lorde Community Health Center provides sensitive, quality health care and related services targeted to New York's lesbian, gay, bisexual, and transgender communities — in all their diversity — regardless of ability to pay.

[Gay Men's Health Crisis \(GMHC\)](#)

The Gay Men's Health Crisis fights to end the AIDS epidemic and uplift the lives of all affected.

[Health and Education Alternatives for Teens \(HEAT\) Program](#)

The HEAT Program provides comprehensive medical care, case management, HIV counseling and testing, mental health care, treatment adherence, outreach, support services, transgender healthcare, and access to research for youth ages 13-29.

[The LGBT Community Center](#)

The LGBT Community Center to meet the changing needs of New York's LGBTQ+ community, delivering services that empower people to lead healthy, successful lives. The Center offers healthcare services, such as STI testing, HIV care, substance abuse treatment, and mental health counseling.



External Organizations Involved in LGBTQ+ Care

[National Queer & Trans Therapists of Color Network](#)

National Queer and Trans Therapists of Color Network is an interactive digital directory of mental health therapists who identify as queer or trans people of color.

[NYC Department of Health \(DOH\)](#)

The NYC DOH webpage displays health services and information for men who have sex with men, women who have sex with women, transgender folk, intersex individuals, and LGBTQ+ youth. The DOH also has a booklet [Pride and Care: Health Tips for Transgender, Gender Non-Conforming and Nonbinary People](#) (PDF).

[NYC Health + Hospitals LGBTQ+ Care](#)

NYC Health + Hospitals is a public hospital system in NYC. This page contains information about the services and resources they offer for LGBTQ+ patients within their system.

[NYC Unity Project](#)

The NYC Unity Project is an organization committed to supporting and empowering young LGBTQ+ people. The Project shares abundant resources and organizations related to family support, health care and wellness, housing, employment, and health relationships.

[The Trevor Project](#)

The Trevor Project focuses on suicide prevention efforts among lesbian, gay, bisexual, transgender, queer, and questioning youths through a toll-free, 24/7 hotline. Call 866-488-7386, text 678-678, or chat online at <https://www.thetrevorproject.org/webchat>.